



# U.S. NAVAL SEA CADET CORPS



## KENTUCKY DIVISION

LPD Training Center / 1795 Old Frankfort Pike / Lexington, KY 40504  
www.kentuckydivision.org      www.facebook.com/KentuckyDivision

## PLAN OF THE DAY

The Plan of the Day is an official document of Kentucky Division. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of cadets are encouraged to read the Plan of the Day and to make note of meeting days and special announcements that may affect personal schedules.

## 15-16 OCT 2016

LTjg Shannon Montgomery, NSCC	Commanding Officer	859.552.4077	CO@kentuckydivision.org
ENS William Clark, NSCC	Executive Officer	859.948.8443	XO@kentuckydivision.org
SLT Sam Ratten, NZCF	Training Officer	310.975.4552	training@kentuckydivision.org
MIDN Tanner Jenkins	INST John Evans - Supply Officer		INST Will Wright - Asst Training Officer
CPO Timothy Harris	INST Brad Shifflett – Public Affairs Officer		INST Peter Lufkin - Asst Training Officer
	INST Alec Johnson – Operations Officer		

**Uniform of the Day:** Cadets & Staff: BDUs      **Next Drill:** 19-20 NOV – LPD, Lexington

<b>Drill Hours:</b>	SAT – 0700:	Cadets needing carpool from LEX, arrive at LPD
	SAT – 0800:	All cadets arrive at North Central 4H Camp, 260 Camp Drive, Carlisle, KY
	SUN – 1600:	Cadets depart camp – LEX cadets arrive back at LPD at 1700 for parent pickup

### DRILL SCHEDULE – SURVIVAL COMPETITION

#### Saturday, 15 OCT 2016

0700	LEX cadets meet at LPD
0800	All cadets arrive at Camp Staff Meeting
0830	Informational Session: Team Assignments, Competition Rules
0900	Team Strategy Meetings
0930	Competition Begins
1200	Lunch
1230	Competition Resumes
1800	Dinner Challenge
2000	Night Ops Challenges
2200	Taps

#### Sunday, 16 OCT 2016

0700	Reveille (0600 for those without Ppt presentations)
0715	PT
0800	Breakfast
0900	Advanced Training Ppt Presentations
0930	Informational Session
1000	Competition Resumes
1200	Lunch
1230	Competition Resumes
1430	Advanced Training Ppt Presentations
1500	Awards Ceremony
1530	Pack up / Clean up camp
1600	Depart camp
1700	LEX cadets arrive at LPD

Cadets, give your team the advantage by spending some time practicing the skills you need to know for this competition. Knowledge is power! Visit our website for helpful videos to prepare you for these challenges: <http://www.kentuckydivision.org/survival-challenge-info>

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| <ul style="list-style-type: none"> <li>• Land Navigation <ul style="list-style-type: none"> <li>o Compass</li> <li>o Maps</li> </ul> </li> <li>• Field Medicine <ul style="list-style-type: none"> <li>o Triage</li> <li>o Emergency Medical Evac</li> </ul> </li> <li>• Shelter Building</li> </ul> | <ul style="list-style-type: none"> <li>• Communications <ul style="list-style-type: none"> <li>o Radio</li> <li>o Semaphore</li> <li>o Morse Code</li> </ul> </li> <li>• Firebuilding</li> <li>• Campfire Cooking</li> <li>• Marksmanship</li> </ul> | <ul style="list-style-type: none"> <li>• General Knowledge <ul style="list-style-type: none"> <li>o 11 General Orders</li> <li>o Sailor’s Creed</li> <li>o Anchors Aweigh</li> <li>o Navy Trivia</li> </ul> </li> <li>• Knot-Tying</li> <li>• Team Strategy</li> </ul> |
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**NOTES:** See attached Seabag List.

# SEABAG LIST

15-16 OCT SEP 2016

## UNIFORM OF THE DAY: BDUs

- Trousers
- Blouse (jacket)
- Brown t-shirt
- Cover
- Black belt
- Black boot socks
- Boots
- Blousing straps
- ID Card
- Optional: BDU Field Jacket (Not standard issue, but if you have one, you can bring it in case it gets cold. BDU field jackets look just like the BDU blouse but they are much heavier and warmer. They are worn OVER the BDU blouse, not in place of it. If you would like one, you can find them on eBay and at military surplus stores, such as the one in Lexington. You will need to purchase a green nametape for it from 1800nametapes.com.)

## SEABAG LIST:

- \$20.00 for meals, lodging, and supplies
  - 1 extra brown blue t-shirt
  - 1 extra pair of black boot socks
  - 1 extra set of underwear
  - Deodorant
  - Sleeping bag & extra blanket
  - Sleeping pad (optional)
  - Pillow
  - Towel
  - Hygiene kit: toothbrush, toothpaste, deodorant, shampoo, soap, etc.
  - Shower shoes/flip flops
  - Deodorant
  - Hydration gear: Camelbak or attachable water bottle (*must* attach with clip, strap, pouch)
  - Small flashlight & extra batteries
  - Sunscreen (small)
  - Insect repellent (small)
  - Mess kit (plastic or metal plate, bowl, cup, utensils in drawstring mesh bag to hang for drying)
  - First aid kit (small) – should include bandaids, anti-bacterial cream (small tube), anti-itch cream (small tube) – put in small container (zippered pencil pouches like used for school works great!)
  - Pocket size notepad & pencil – *only blank pages!*
  - Did I mention...deodorant...don't just bring it...use it! Please!
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- **No contraband:** electronics (video games, iPads, iPods, etc), knives, firearms, matches/lighters, tobacco of any kind, alcohol/drugs, food (special dietary needs must be cleared with CO). Cell phones may be brought but **MUST** be left in your seabag at all times. Cadets are not to be using cell phones during training. Any of these above listed items will be confiscated and only returned to parents.

## MEDICATIONS (both Rx and over-the-counter):

- All medications are to be given to the Medical Officer (ENS Clark) upon arrival.
- Place in Ziploc bag labeled with cadet's name; insert instructions into bag (dosage, frequency).
- Medications must be in original container.

